

ORAL/ BUCCAL MEDICATION FOR SYMPTOM CONTROL AT THE END OF LIFE IN THE COVID PACK

Morphine sulphate oral solution 10 mg/5 mls (supply 1 x 100 ml bottle): 2.5 – 5 mg
2–4 hourly for pain and breathlessness

Lorazepam 1 mg tablets (supply 28): 0.5 – 1mg dissolve under the tongue for
breathlessness and anxiety up to 4 hourly. Max 4 mg in 24 hours (non-sugar coated
tablets)

Levomepromazine 25 mg tablets (supply 21); 12.5 mg for nausea. 25 mg for
agitation at the end of life. Tablet can dissolve in a small amount of water.

Diclofenac 100 mg suppository. One daily for pain and fever. Also prescribe gloves
and optilube for insertion of suppository.

Hyoscine hydrobromide (scopoderm) patch (supply 2); 1.5 mg patch for noisy
breathing. Change every 3 days.