

Guidance for Community Care

The RCGP produced a [guide to End of Life Care symptom control when a person is dying from COVID19](#) which covers a range of information relevant to caring for patients, staff and families.

Hospice UK offer [guidance to help support people who are caring for someone who is dying at home from COVID](#), this includes some practical tips for care.

NICE [COVID-19 Rapid Guideline](#) supports managing symptoms and prescribing anticipatory medicines.

eLearning and Video Guides

Health Education England [e-Learning Coronavirus programme](#) is available to all; this includes End of Life Care.

Somerset GP Education Trust are hosting [online tutorials](#); link to [slides](#).

The following videos may be useful to help prepare for difficult situations and conversations:

CARE HOMES + CORONAVIRUS

ADVICE FOR HEALTH + CARE PROFESSIONALS



DR PAUL BAUGHAN

DIFFICULT CONVERSATIONS - WE NEED TO TALK ABOUT DYING -

ADVICE FOR HEALTH + CARE PROFESSIONALS



DR LARA MITCHELL

The slides and posters based on these videos are available to download for sharing or printing [here](#).

Mental Health and Wellbeing

During COVID health and social care staff will face challenges to maintaining mental and emotional wellbeing. The British Psychological Society has published [guidance](#) for leaders and managers to support their staff. The [Intensive Care Society: Wellbeing Resource Library](#) contains useful information for all staff. End of Life for someone with COVID-19 can be distressing for both them and those providing care, some information to help prepare and support staff can be found here:

- [Psychological Resources For Coronavirus \(COVID-19\)](#)
- [Psychological Wellbeing in Healthcare Workers Toolkit Nottingham University](#)
- [Supporting staff wellbeing during COVID-19 HCPC](#)
- [Support the Workers - Post-traumatic stress disorder \(PTSD\)](#)
- [Vicarious trauma: signs and strategies for coping BMA](#)
- [Managing mental health challenges faced by healthcare workers during covid-19 pandemic BMJ 2020](#)



St Margaret's
Hospice Care

**01823 333822 /
01935 709480**

[24 hour Adviceline](#) - For any palliative patients, carers or healthcare professionals in Somerset

Additional Information

The [Marie Curie Palliative Care Knowledge Zone](#) has put together a list of numerous links to guidance and resources, as does [NHS CHAIN Resources](#). They have also launched an [Online Information Hub](#) for supporting End of Life during COVID-19.

NHS Education for Scotland also has useful resources for coronavirus [palliative and end of life care](#).